

ST. PAUL CATHOLIC CHURCH



May 29, 2016

The Most Holy Body & Blood of Christ

Pastor—Rev. Joyle Martinez
Deacon— Antonio Ramirez

Priest in Residence—Rev. Felipe Paraguya
Business Manager —Shirley Brown

8720 Florin Road—Sacramento, CA 95828 Mailing Address: P .O. Box 292280, Sacramento CA 95829
 Office hours 8:00am-4:00pm Mon.-Fri.
 Phone 916-381-5200 Fax 916-381-0332 saintpaulcatholic@comcast.net website www.stpaul-florin.org

Mass Schedules and other Services

Sundays	7:30 a.m., 9 a.m., 11 a.m. and 1:00 p.m. en español <i>Children's and Youth Choirs sing first Sunday of the month.</i>
Saturday	4 p.m. [vigil] & 8 a.m. First Saturday
Weekdays	[Mon—Fri]— 8 a.m. in the Chapel
Holy Hour	First Friday 7—8 p.m.
Holy Days of Obligation	8 a.m. and 6 p.m.
Perpetual Help Novena	Wednesdays following 8 a.m. Mass
Morning Prayer	Mon. -Fri. 7:40a.m.
Confessions [bilingual]	Saturdays 2:45—3:45 pm

Faith Formation Ministries and Groups

Catholic Faith Formation D.R.E.	Sr. Katrina Quidlat	916.381.5200
Catholic Faith Formation	Aracely Narvaez	916.383.6719
Spanish Coordinators	Maria Consuelo Gutierrez	
RCIA for Adults	Phil De Leon	916.607.1645
RCIA for Children	Emilia Caoagas	916.849.5617
RCIA for Teens	Imelda Nanca	916.412-1904
Catholics Returning Home	Dale & Kit Yamamoto	916. 895.1441
Baptism Preparation	Dale & Kit Yamamoto	916. 895.1441
Couples for Christ	Billy/Virgie Monteagudo	916.682.6397
Young Adults Ministry	Kay NaRanong	916.425.4661
Legion of Mary	Paz Cajucom	916.682.8437
Vocation Committee	Frances Gomes	916.421.0300
Families in Christ Jesus	Imelda Nanca	916.714.0547

Social Ministries and Groups

Christmas Fair	Call the office	916.381.5200
Fall Festival	Heimericks/Cervantes	926.689.3932
Cultural Dinner	Guily & Naty Fontillas	916.362.7541
Parish Breakfasts	Knights of Columbus	916.381.5200
Religious Goods Store	Irene Ingham	916.689.2865
Yard Sale	Call the office	916.381.5200
Wedding Coordinator		

WELCOME!

You are encouraged to participate in our many functions, events, and activities. We offer opportunities for parishioners to use the time, talent, and treasure that God has given them in praise and glory of His name through our liturgical, care-giving, philanthropic, faith-formation and social ministries.

Councils

Pastoral Council	Paul Pham	916.381.5200
Finance Council	Jerry Fong	916.689-9418

Liturgical Ministries

Sacristan	Bob Benton	916.381.5200
Youth Altar Servers Ministry	Alex Plam	916.381.5200
Adult Altar Servers Ministry		
Martha's Daughters	Ja'net Blea	916.284.2008
Art & Environment Ministry		
Eucharistic Ministry		
Hospitality Ministry	Ja'net Blea	916.284.2008
Ministry of the Word	Shirley Brown	916.612.7023
Ministry Sick and Homebound		916.381.5200
Music Ministry	Erica NaRanong	916.667.8088

Caregiving Ministries and Groups

Bereavement Ministry		
Health Ministry	Clara Heimericks	916.689.3932
Loaves and Fishes Ministry	Diane Welsh	916.682.7810
Social Justice Ministry	Lorraine Latreille	916.363 0365
Pro Life 4 Life	Charlene Valine	916.682-0557

Philanthropic Ministries and Groups

Catholic Daughters of the Americas	Nellie Basquez	916. 381.1365
Knights of Columbus	David Santos	916.936.3810

MISSION STATEMENT

We, God's people of St. Paul Catholic Parish In Sacramento, California, a multicultural, inclusive and welcoming community, inspired by the love of Jesus Christ are called: to bring all people of God together in worship, to declare our belief in God's love, based on the teachings of Jesus Christ, and to celebrate and grow in our relationship with God.



MASS INTENTIONS FOR THE WEEK

FRI: 6/03 ROMUALDO TAVORA †
RODRIGO TAVORA †
 Requested by Lourdes Tavora & family

TODAY'S READINGS

First Reading — Melchizedek, the king of Salem and a priest of God Most High, brought out bread and wine and blessed Abram (Genesis 14:18-20).

Psalm — You are a priest forever, in the line of Melchizedek (Psalm 110).

Second Reading — Paul gives his description of the institution of the Eucharist (1 Corinthians 11:23-26).

Gospel — Jesus speaks to the crowd about the kingdom of God and then feeds them with five loaves and two fish (Luke 9:11b-17).

READINGS FOR THE WEEK

Monday: 2 Pt 1:2-7; Ps 91:1-2, 14-16; Mk 12:1-2
 Tuesday: Zep 3:14-18 or Rom 12:9-16;
 Is 12:2-3, 4bcd-6; Lk 1:39-56
 Wednesday: 2 Tm 1:1-3, 6-12; Ps 123:1b-2;
 Mk 12:18-27
 Thursday: 2 Tm 2:8-15; Ps 25:4-5ab, 8-10, 14;
 Mk 12:28b-34
 Friday: Ez 34:11-16; Ps 23:1-6; Rom 5:5b-11;
 Lk 15:3-7
 Saturday: 2 Tm 4:1-8; 1 Sm 2:1, 4-8abcd;
 Lk 2:41-51
 Sunday: 1 Kgs 17:17-24; Ps 30:2, 4-6, 11-13;
 Gal 1:11-19; Lk 7:11-17

SAINTS & SPECIAL OBSERVANCES

Sunday: The Most Holy Body and Blood of Christ
 Monday: Ninth Week in Ordinary Time;
 Memorial Day
 Tuesday: The Visitation of the Blessed Virgin Mary
 Wednesday: St. Justin
 Thursday: Ss. Marcellinus and Peter
 Friday: The Most Sacred Heart of Jesus;
 First Friday
 Saturday: The Immaculate Heart of the Blessed
 Virgin Mary;
 First Saturday

May 29, 2016

The Most Holy Body & Blood of Christ
*As often as you eat this bread and drink the cup,
 you proclaim the death of the Lord until he comes.*
 1 Corinthians 11:26

FED BY THE LORD

Jesus' words "This is my body" and "This cup is the new covenant in my blood" were only part of his table blessing. Jesus twice said: "Do this in remembrance of me" (1 Corinthians 11:24, 25).

This is the good news of today's solemnity. Like the five thousand hungry souls, we are fed by our Lord. This is not food that satisfies for only a short time, until the next meal. It is food that lasts and changes us. It is food for sharing in much the same way as Melchizedek did when he brought bread and wine to the returning Abraham.

As children of God's reign, we are blessed to be able to receive and share God's gift. And we do so in the way most appropriate to our state in life—as parents, children, husbands, wives, or religious.

TREASURES FROM OUR TRADITION

Once the early Christians realized that Christ's coming in glory was delayed, there was a need to provide for the governance and everyday needs of the church. The various "orders" within the church carried forward the apostles' ministry, but also allowed for a measure of creativity. The sacrament we call "holy orders" evolved somewhat slowly. At first, it made sense for Christians to use the forms they knew, adapting them to new situations. Synagogues, for example, were administered by a board of "elders," translated into Greek as *presbyteros*. We know from the Acts of the Apostles that a system of presbyters was a normal feature of church life from earliest days. They stood in relationship to another order, that of "overseers," translated into Greek as *episkopos*, giving us the English "bishops." The bishop was the shepherd, the faithful tender of the flock, one who offered the Eucharist, forgave sins, and maintained the bond of charity. Just as the deacons were the chief advisers for the charitable life of the church, so were the presbyters meant to advise the bishop on the spiritual life of the faithful. They were trusted advisers at first, not pastors or priests as we understand those terms today.

CONGRATULATIONS!

Congratulations to all our CFF students who received their First Communion and Confirmation.

Thanks to all the catechists and volunteers who help to make this program so successful!

God bless you all!

PARISH STEWARDSHIP

WHITE ELEPHANT SALE

It's that time again!

White Elephant Sale

August 5,6,7, 2016

We have begun collecting items for our sale. Do you have any "hidden treasures" you would like to donate to our sale?



You can start bringing your items to the church now.

Questions?

Please contact Ann Viernes 799-0439 for more information.

FIRST FRIDAY

June 3—First Friday

Holy Hour will be at 7:00pm

June 4—First Saturday

Mass will be at 8:00am

YOUTH ON A MISSION

Do you know a teen who has what it takes to be a good leader? The Diocese offers a 4 day program discipleship training, meaningful prayer experiences, inspiring talks, practical skills, and an opportunity to connect with on fire Catholic youth from all over Northern California. Challenge your future leaders with Youth On A Mission this summer July 14-17 at Cal Maritime Academy in Vallejo. Registration information and more information is available online at

www.norcalcatholicityouth.com or

contact Jennifer Campbell at jcampbell@sc.org.

MEMORIAL DAY

Parish Office

The parish office will be closed on Monday, May 30th in observance of the Memorial Day holiday.

COLLECTION

	4:00pm	7:30am	9:00am	11:00am	1:00pm	TOTAL
April						
10	\$1406.00	\$1018.00	\$1356.00	\$ 946.00	\$739.96	\$5465.96
17	\$1160.00	\$844.00	\$1295.00	\$1616.00	\$867.40	\$5782.40
24	\$1100	\$783.00	\$1794.00	\$1306.00	\$826.51	\$5821.51
May						
1	\$1781.00	\$1156.00	\$1427.00	\$1870.00	\$690.15	\$6924.15
8	\$1224.00	\$1100.00	\$1757.90	\$1355.00	\$725.29	\$6161.29
15	\$1198.50	\$ 857.00	\$1597.00	\$1138.00	\$640.57	\$5430.07

MARCH 2016 PROFIT & LOSS

<u>INCOME</u>	<u>Actual</u>	<u>Budget</u>	<u>Difference</u>
Offerory	\$ 33,943	\$ 38,035	\$ (4,092)
Other Income	\$ 2,808	\$ 2,213	\$ 595
Religious Articles & Books	\$ 705	\$ 988	\$ (283)
Religious Education	\$ 2,961	\$ 2,500	\$ 461
Total Income	\$ 40,418	\$ 43,736	\$ (3,318)

<u>EXPENSES</u>			
Salaries & Benefits	\$ 18,895	\$ 18,443	\$ 452
Buildings & Grounds	\$ 16,868	\$ 10,716	\$ 6,152
Religious Articles & Books	\$ 620	\$ 303	\$ 317
Property Tax & Insurance	\$ 2,520	\$ 2,520	\$ -
Parish Programs	\$ 2,562	\$ 1,440	\$ 1,122
Religious Education	\$ 2,785	\$ -	\$ 2,785
Diocesan Assessment	\$ 4,560	\$ 4,533	\$ 27
Total Ordinary Expenses	\$ 48,810	\$ 37,955	\$ 10,855
Net Operating Income	\$ (8,392)	\$ 5,781	\$(14,173)

<u>OTHER INCOME</u>			
Interest	\$ 0	\$ 529	\$ (529)
Capitol Campaign & Blding Fund	\$ 10,090	\$ 10,352	\$ (262)
Diocesan & sp. Coll.	\$ 2,216	\$ 824	\$ 1,392
Total Other Income	\$ 12,306	\$ 11,705	\$ 601

<u>OTHER EXPENSES</u>			
Diocesan & Special Collections	\$ 2,216	\$ 824	\$ 1,392
Capital Fund Drive	\$ 17,230	\$ 27,047	\$ (9,817)
Youth Group	\$ -	\$ 5,834	\$ (5,834)
Total Other Expenses	\$ 19,446	\$ 33,705	\$(14,259)

Net Other Income	\$ (7,140)	\$ (22,000)	\$ 14,860
NET INCOME	\$ (15,532)	\$ (16,219)	\$ 687

*Difference= actual-budget

SECOND COLLECTIONS

June 4/5

St. Paul Building Fund & Capital Campaign

This collection will help provide funds to repay the funds borrowed from the Diocese to build the Religious Education Center.

Parishioners who have pledged to the "Our Dream Continues In Service To All" campaign may use Pink Envelopes to make their pledge payments.

June 25/26 Peter's Pence

This once a year offering supports the Holy Father's mission in providing immediate and disaster relief, emergency aid to our brothers and sisters suffering the effects of war, natural disasters, or oppression throughout the world.

SOCIAL JUSTICE

Bottled Water Collection

As in past years the Social Justice Ministry will be collecting water during the summer months. For the people who live on the streets the water is truly a life saver. Containers for your donations are in the entranceways of the church. All donations are appreciated, if you wish to make a monetary donation please mark the envelope "Social Justice Ministry" and we will purchase the water for you, put it in the collection basket or drop it off at the office.

Tour of Loaves and Fishes

May 17, when the SJM members and Fr. Felipe delivered your donations of baby items to Maryhouse, we were given a tour of the Loaves and Fishes complex by Sister Libby Fernandez, RSM, executive director. In addition we were given a wonderful presentation by Cyndi Torres, director, concerning the facility that provides a day safe haven for women and children.

We also spent a few minutes with Justin Wandro, the development director, who is involved with the new Friendship Park under construction at Loaves and Fishes. We saw the new site of this Park, which is expected to be completed by September.

Our appreciation goes to all who donated baby items. Bless you for your thoughtfulness.

Bake Sale

June 4th members of the Social Justice Ministry will hold a bake sale after the Sunday masses. All proceeds from the sale will go to purchase shoes for school children in our area. Your support of the sale will certainly be appreciated.

KNIGHTS OF COLUMBUS

Donuts and Coffee

The Knights will be serving coffee and donuts May 29th.



This takes place in the parish hall after the 7:30 and 9:00am Masses. Come on over and have a cup of coffee with fellow parishioners, meet someone new.

Parish Breakfast

If you missed our May 1st breakfast, our next one will be served on Sunday, June 5th. Come to the parish hall between 8:30 and 11:00am and enjoy a great breakfast for only \$4.00.

Join the Knights of Columbus

If you would like to find out more about becoming a Knight please ask any Knight, they should all be wearing their name badges, or call Roger Tafoya at (916) 936-3810.

SICK PARISHIONERS & FRIENDS

Pray for sick family members, friends and parishioners.

- | | | |
|--------------------|--------------------|---------------------|
| Priscilla Wong | Rita Chicca | Bill Schlim |
| Victoria Vasilescu | Wendy Patnode | Maria Lopez |
| John Jastraub | Monica Cordero | Raymond Gutierrez |
| Shirley Robinson | Rodrigo Reyes | Nilda Medina |
| Lorraine Schaefer | Virginia Collier | ,Doreathea Viltz |
| Jessica Lintag | Bill & Jean Hesse | Virginia Thomas |
| John Rideaux | Ellen Yee | Dorothy Butler |
| Sandy Burgoon | Elio Chicca | Audrey Falls |
| Iris Sims | Gregory Judd | Bernadette Carrasca |
| Gertie Davis | Sam Butler | Ashley Brackin |
| Teresa Ziegler | Michael Delgado | Gary B. Foster I |
| Terry Sanchez | Jackie Martin | Noah de los Reyes |
| Luc Kimia | Martha Montanez | Carla Hart |
| Mauricio Vargas | Ricardo Campos | Brian Steele |
| Jack Steele | Johnathan Robinson | |
| Frank Farrell | James Solari | |
| Rodulfo Reyes | Elizabeth Solari | |

VIRTUAL WORLD YOUTH DAY

Virtual World Youth Day will take place Sat. July 30 –Sun. July 31 from noon to noon at Trinity Pines Catholic Center in Colfax, CA. The day will be an opportunity for high school aged youth, unable to travel to Poland in July, to experience the global church without having to leave California. This celebration will feature APEX Ministries music, Adoration, Mass with Bishop Cotta and Bishop Jaime Soto live from Krakow, Poland.

Registration information is available online at www.scddec.org/wyd, or Jennifer Campbell at jcampbell@scd.org.

CELEBRATE FATHERS DAY

June 19, 2016 Raley Field —Celebrate Fathers Day with Bishop Cotta. Play catch on the field at 11:00am. Special Fathers Day Blessings for all Dads and Granddads at 11:45am. Picture opportunity with Bishop Cotta. Bishop Cotta will throw out the First Pitch at 1:00pm. Purchase tickets online RIVERCATS.COM/GAMELINK. Click on Diocese of Sacramento. Promo Code DIOCESE.

PRAY FOR OUR MILITARY

Please pray for the following members of our families serving in the Armed Forces

- | | | |
|----------------------|-----------------------|-------------------|
| Gary B. Foster II | Stephen Rich | Don Jamos |
| Jay Candaso | Janae Santos | Ryan Gandy |
| Norbert Mendiola Jr. | Brian Vergith | Cody Machado |
| Jeffrey Yazel | Martin Sinlao | Mark A. Ramos Jr. |
| Daniel Roy Ryan | Sergio Pineda | Cameron Lindsay |
| Robert Brich II | Ariel Rollins | Armando Asahan |
| Gregorio Rodriguez | Don Carlo Geroche | |
| Roel C.. Dones | John Marc James | |
| Ricardo G. | Ruben N. Libed | |
| Cervantes | Nilo Uy Villaluna Jr. | |

YOUTH MISSIONARY NEWS

Want to join SPYM?
 For more information contact:
 Cyrille Kaiklian
 916.753.2302 email Cyrille89@gmail.com
 Angie Lovett
 916.803.6463 email angielovett@gmail.com
 Sr. Ma.Katrina Quidlat, RVM.
 916.381.5200 email saintpauldre@comcast.net

Or visit: <http://st.paul-florin.org/youth-ministry>
<https://www.facebook.com/events1543001669170057>

CATHOLIC DAUGHTERS

The Catholic Daughters, Court Sacramento #172 will not meet until September 13, 2016, due to a summer break. Why belong to the Catholic Daughters of the Americas, founded in 1903?

The gift of faith requires a gift of return. Be of faith and service to God through service to the people around you. Each member shares in the good works of the entire organization with little effort on the part of the individual. The spiritual life of members is enhanced through the various spiritual and charitable activities of CDA. Growth in grace, knowledge, and friendship develop because of your gifts of time, talent and treasure. Please think of joining our group at St. Paul Church. For more information contact Nellie Basquez at (916) 381-1365.

DIOCESE OF SACRAMENTO

Share Your Works of Mercy #mercy alive

During this Jubilee Year of Mercy share your efforts with community by posting to social media with the hashtag #mercyalive what you are doing this year to practice the works of mercy. This site is the work of collaboration between the Diocese of Sacramento and other churches in Sacramento. At www.justserve.org you can post service opportunity happening or search for an opportunity for you.

Camp Pendola

New in 2016 we are offering three First Time Camper Sessions aimed at those children who are entering grades 1-4 in the fall. The shorter length session is a great introduction to overnight camp for the first timer. In addition we have a traditional camp mini week for all ages July 6-9. For more information check out our website www.pendola.org or call (916) 733-0141.

Family Camp at Camp Pendola, a great family get-away to end the summer. Labor Day weekend celebrates the family by offering a summer camp experience for all ages. Register by August 1. Check out the website www.pendola.org or call 733-0123.

BEREAVEMENT MINISTRY

Recent Bereavement

Please keep the families and friends in your prayers for St. Paul Parishioners whose funerals, or Memorial Masses were celebrated during the past few weeks,

Bob Brich, Regina Linster. Edward Boyle, Carlo Espinosa, Joey Sacerio Scimeni, Aimee Nicandro, Mercedes Tejo, Lily Tamaki Julia Yabut, Julieta Bonoan, Elaine Sanchez Caroline Peters. Rudolfo Fernandez. Richard Abelia, Loretto Serna, Henry Basquez, Donato Vargas Antonio Zamarripa, Jon Brashear & Jesse Fernandez. May they rest in peace and let perpetual light shine upon them. For more information please call the rectory 381-5200.

HEALTH MINISTRY

A Free Blood Pressure Screening Clinic will be held Sunday, June 5th, in the parish hall from 8:30 am to 12:30 pm. These screenings are presented to increase awareness and knowledge of prevention, detection, and management of high blood pressure and are provided free by your Health Ministry Team.

Because it is possible to have high blood pressure without any symptoms - and because untreated high blood pressure can cause serious problems even death - it is often called the "silent killer." Come and let the nurses of our parish help you monitor and control your blood pressure.

What is high blood pressure and why is it important to you?

High blood pressure is a common condition and is determined by the amount of blood your heart pumps and the amount of resistance to blood flow in your arteries. The more blood your heart pumps and the narrower your arteries, the higher your blood pressure. You can have high blood pressure for years without any symptoms. Uncontrolled this increases your risk of serious health problems, including heart attack and stroke. Fortunately, high blood pressure can be easily detected. And once you are aware of it you can work with your doctor to control it.

C F F NEWS

Registration for the 2016/2017 will begin JULY 1ST thru AUGUST 31st.

For new students, Baptismal certificate and Communion certificate (if applicable) must accompany registration.

If you are not a member of our parish we welcome you to St. Paul parish and invite you to register.

All children registered must provide a copy of their Baptismal record. Please call the office for any additional information.

REGISTRATION FEE SCHEDULE

\$95.00 Per student payable at time of registration
 \$110.00 per student for non registered parents.

Other Fees:

Confirmation Fee (including retreat) \$70.00

First Communion: \$20.00

Classes will resume in September.

English C.F.F. classes will be on Sundays

El Cuerpo y la Sangre de Cristo

29 de mayo 2016

ALIMENTADOS POR EL SEÑOR

Las palabras de Jesús “Esto es mi cuerpo” y “ Este cáliz es la nueva alianza que se sella con mi sangre” fueron sólo parte de su consagración. Jesús dijo dos veces: “Hagan esto en memoria mía” (1 Corintios 11:24, 25).

Esta es la buena nueva de la solemnidad de hoy. Como las cinco mil almas hambrientas, somos alimentados por nuestro Señor. Este alimento no satisface sólo por un corto período de tiempo, hasta la próxima comida. Es un alimento que dura y nos cambia. Es un alimento para compartir de la misma forma que lo hizo Melquisedec cuando presentó pan y vino a Abram a su regreso.

Como hijos del reino de Dios, tenemos la dicha de poder recibir y compartir el regalo de Dios. Y lo hacemos de la manera más apropiada a nuestra circunstancia en la vida –como padres, hijos, esposos, esposas o religiosos.

LECTURAS DE HOY

Primera lectura — Melquisedec, el rey de Salem y sacerdote del Dios Altísimo, sacó pan y vino y bendijo a Abram (Génesis 14:18-20).

Salmo — Tú eres sacerdote para siempre (Salmo 110 [109]).

Segunda lectura — Pablo da su descripción de la institución de la Eucaristía (1 Corintios 11:23-26).

Evangelio — Jesús habla a la multitud sobre el reino de Dios y luego la alimenta con cinco panes y dos pescados (Lucas 9:11b-17).

LECTURAS DE LA SEMANA

Lunes: 2 Pe 1:2-7; Sal 91 (90):1-2, 14-16; Mc 12:1-2

Martes: Sof 3:14-18 o Rom 12:9-16;
Is 12:2-3, 4bcd-6; Lc 1:39-56

Miércoles: 2 Tm 1:1-3, 6-12; Sal 123 (122):1b-2;
Mc 12:18-27

Jueves: 2 Tm 2:8-15; Sal 25 (24):4-5ab, 8-10, 14;
Mc 12:28b-34

Viernes: Ez 34:11-16; Sal 23 (22):1-6; Rom 5:5b-11;
Lc 15:3-7

Sábado: 2 Tm 4:1-8; 1 Sm 2:1, 4-8abcd; Lc 2:41-51

Domingo: 1 Re 17:17-24; Sal 30 (29):2, 4-6, 11-13;
Gal 1:11-19; Lc 7:11-17

June 3—Primer Viernes del Mes

Adoración al Santísimo Sacramento a las 7:00pm

June 4—Primer Sábado del mes

TRADICIONES DE NUESTRA FE

Perú tiene más de 3000 fiestas cada año, normalmente en torno al santo patrón de algún pueblo. La celebración de Corpus Christi es celebrada en todo el país. Pero es más llamativa en Cusco. Durante el día se escucha el repique de María Angola, la campana más grande de todo Perú, que existe desde el siglo XVI.

La celebración incluye una procesión con quince santos y vírgenes del siglo XVII, que vienen desde sus santuarios hasta la barroca Catedral de Cusco para honrar el Cuerpo de Jesús. Estas imágenes son cargadas por la plaza de armas antes de llegar a la catedral donde se quedarán hasta el octavo día. Según los peruanos los santos y vírgenes pasan las siete noches platicando con el Señor de los temblores, bromeando y planificando el año que viene para sus parroquias. El último día los santos y vírgenes regresan a sus santuarios con otra procesión.

Estas dos procesiones nos recuerdan que por mucho que los latinoamericanos amemos y veneremos a los santos y vírgenes reconocemos que tanto ellos como nosotros están al servicio de Cristo Jesús.

CORPUS CHRISTI

Solemnidad, Santísimo Cuerpo y Sangre de Cristo Jueves, después de la Solemnidad Santísima Trinidad *(Donde esta solemnidad no es precepto, se celebra el domingo después de la Solemnidad de la Santísima Trinidad «Mi carne es verdadera comida, y mi Sangre verdadera bebida; el que come mi Carne, y bebe mi Sangre, en Mí mora, y Yo en él.» (Jn 6, 56-57)*

Esta fiesta se comenzó a celebrar en Lieja en 1246, siendo extendida a toda la Iglesia occidental por el Papa Urbano IV en 1264, teniendo como finalidad proclamar la fe en la presencia real de Jesucristo en la Eucaristía. Presencia permanente y substancial más allá de la celebración de la Misa y que es digna de ser adorada en la exposición solemne y en las procesiones con el Santísimo Sacramento que entonces comenzaron a celebrarse y que han llegado a ser verdaderos monumentos de la piedad católica. Ocurre, como en la solemnidad de la Trinidad, que lo que se celebra todos los días tiene una ocasión exclusiva para profundizar en lo que se hace con otros motivos. Este es el día de la eucaristía en sí misma, ocasión para creer y adorar, pero también para conocer mejor la riqueza de este misterio a partir de las oraciones y de los textos bíblicos asignados en los tres ciclos de las lecturas.

Veamos en la Santa Misa el centro de todo culto de la Iglesia a la Eucaristía, y en la Comunión el medio establecido por Jesús mismo, para que con mayor plenitud participemos de ese divino Sacrificio; y así, nuestra devoción al Cuerpo y Sangre del Salvador nos alcanzará los frutos perennes de su Redención.



Sacristanes Miguel Mendez 916-715-5413
Antonio Morales 916-230.9591

Formación en la Fe Católica :

Coordinadoras: María C. Gutiérrez 916.383.6719
Aracely Narváez 916.681.2924

Ministerio de Comunión: Mary Weather 916.718.6387

Ministerio de la Palabra: María C. Gutiérrez 916.395.7219

Ministerios Servidores del Altar: Jóvenes

Kelly E. Mendez 916.715.7492

Rosa M. Delgadillo 916.689.5204

Ministros de Hospitalidad: José Luis Sánchez 916.457.4713

Miguel Méndez 916.715.5413

Antonio Morales 916.230.9591

Francisco Rodríguez 916.717.0492

Magdiel Solís 510.938-6135

Ministerio de Música de Niños:

Covadonga Barrón 916.670.9619

Ministerio de Música de Adultos:

Ramiro Mendoza 916.670.5727

Vocaciones: Guadalupe Salinas 916.955.2150

Virgen de Guadalupe Ramona Cervantes 916.549.8114

Bautismos Diacono Ramírez 916.381.5200

Quiere unirse a nuestros diferentes ministerios, por que "Nuestro bautismo nos llama a compartir la misión de Cristo". Si esta interesado favor de llamar a cualquier persona de los teléfonos de arriba de esta pagina.

MATRIMONIOS Y QUINCEAÑERAS

Para mas información sobre estos eventos por favor comuníquese con el Diacono Antonio Ramírez al 381-5200.

PLATICAL PREBAUTISMALES

Las platicas para padres y padrinos se ofrecen el ultimo sábado de cada mes, de **3:45 p.m. en el salón # 8**. Se requiere llegar a tiempo.

NOTA: Para evitar distracciones, por favor no traiga niños.

Es necesario que pase a la oficina parroquial a registrar el niño/niña que desean bautizar, antes de atender a las platicas pre-bautismales. Horario de oficina: 8: a.m. – 4: p.m.

IMPORTANTE: Si su hijo/hija es mayor de 6 años, por favor obtenga información con el Diacono Antonio Ramírez

BAUTISMOS

La celebración del Sacramento del Bautismo, es el primer sábado de cada mes a las **9:45 a.m.**,

Requisitos: Haber atendido los padres y padrinos a las platicas pre-bautismales, Traer comprobante si atendieron en otra parroquia.

Padrinos y Madrinas: Si son pareja, que estén casados en la Iglesia Católica, y haber recibido los Sacramentos de Iniciación Cristiana.

SEGUNDA COLECTA

Junio 4/5 Colecta para la Campaña uno y continuación de la colecta de fondos para pagar la deuda con la Diócesis. Favor usar los sobres color rosa para sus pagos.

MINISTERIO DE SALUD

El Ministerio de Salud tendrá sus enfermeras para tomar la presión arterial, el domingo 5 de junio, desde las 8:30 a.m. a 12:30 p.m. en el salón parroquial. Esta ayuda se da para concientizar y prevenir la hipertensión arterial y se proporcionan gratuitamente por el Equipo de Ministerio de Salud de San Pablo.

Debido a que es posible tener la presión arterial alta sin ningún síntoma - y porque la presión arterial alta no tratada puede causar problemas graves, incluso la muerte - a menudo se llama el "asesino silencioso". Ven y deja que las enfermeras de nuestra parroquia ayuda a supervisar y controlar la presión arterial.

¿Qué es la presión arterial alta y por qué es importante para usted? La hipertensión arterial es una condición común y se determina por la cantidad de sangre el corazón bombea y la cantidad de resistencia al flujo sanguíneo en las arterias. La mayor cantidad de sangre bombeada por el corazón y las estrechas arterias, mayor es la presión arterial. Usted puede tener arterial alta presión por años sin ningún síntoma. no controlada aumenta el riesgo de problemas de salud graves, incluyendo infarto cardiovascular y accidente cerebrovascular .. Afortunadamente, la presión arterial alta puede ser fácilmente detectada. Y una vez que son conscientes de que se puede trabajar con su médico para controlarla.

MINISTERIO DE SALUD

Tiene un resfriado?

Más de 100 tipos de virus pueden causar resfriados, la enfermedad más común en el mundo, y la mayoría de la gente promedio unos tres resfriados al año. Una vez que entra en el cuerpo el virus del resfriado comienza a multiplicarse, causando dolor de garganta, estornudos, secreción nasal, ojos llorosos, dolores y molestias, fiebre leve, congestión nasal y tos.

para la tos de venta libre y remedios para el resfriado pueden aliviar algunos de los síntomas, pero no van a prevenir, curar o incluso acortar el curso de la enfermedad.

Para disminuir las posibilidades de venir abajo con un resfriado mantener su resistencia natural a través de una buena nutrición, y dormir lo suficiente y hacer ejercicio. Evitar el contacto directo con los que tienen resfriados, y lavarse las manos con frecuencia.

Si obtiene un refrió, sea respetuoso con los demás, cubrase la boca al toser o estornudar, y, si es posible, limite el contacto con otras personas

EL DIA DE LOS PADRES

El 19 de Junio del año 2016, Celebración del Día de los Padres, con el Obispo Cotta, que quiere participar con los padres en un juego de béisbol lanzando la primera bola a la 1:00 p.m., en el campo Raley Field, pero los padres pueden jugar a las 11:00 a.m. un juego libre en el campo. Dará bendiciones para todos los papás y los abuelos que será a las 11:45 horas. Tendrá la oportunidad de jugar con el Obispo Cotta. También pueden tomarse fotos. Apresúrese a comprar sus boletos, los encontrara por internet RIVERCATS.COM/GAMELINK. Haga clic en la Diócesis de Sacramento. Código de promoción DIÓCESIS.