

# ST. PAUL CATHOLIC CHURCH

Sixth Sunday in Ordinary Time

February 15, 2015

Pastor—Rev. Joyle Martinez  
Deacon— Antonio Ramirez

Priest in Residence—Rev. Felipe Paraguya  
Business Manager —Shirley Brown

8720 Florin Road—Sacramento, CA 95828 Mailing Address: P .O. Box 292280, Sacramento CA 95829  
Office hours 8:00am-4:00pm Mon.-Fri.  
Phone 916-381-5200 Fax 916-381-0332 [saintpaulcatholic@comcast.net](mailto:saintpaulcatholic@comcast.net) website [www.stpaul-florin.org](http://www.stpaul-florin.org)

## Mass Schedules and other Services

<b>Sundays</b>	7:30 a.m., 9 a.m., 11 a.m. and 1:00 p.m. en español <i>Children's and Youth Choirs</i> <i>sing first Sunday of the month.</i>
<b>Saturday</b>	4 p.m. [vigil] & 8 a.m. First Saturday
<b>Weekdays</b>	[Mon—Fri]— 8 a.m. in the Chapel
<b>Holy Hour</b>	First Friday 7—8 p.m.
<b>Holy Days of Obligation</b>	8 a.m. and 6 p.m.
<b>Perpetual Help Novena</b>	Wednesdays following 8 a.m. Mass
<b>Morning Prayer</b>	Mon. -Fri. 7:40a.m.
<b>Confessions [bilingual]</b>	Saturdays 2:45—3:45 pm

## Faith Formation Ministries and Groups

Catholic Faith Formation D.R.E.	Sr. Katrina Quidlat	916.381.5200
Catholic Faith Formation	Aracely Narvaez	916.383.6719
Spanish Coordinators	Maria Consuelo Gutierrez	
RCIA for Adults	Phil De Leon	916.607.1645
RCIA for Children	Emilia Caoagas	916.849.5617
RCIA for Teens	Imelda Nanca	916.412-1904
Catholics Returning Home	Dale & Kit Yamamoto	916. 895.1441
Baptism Preparation	Dale & Kit Yamamoto	916. 895.1441
Couples for Christ	Billy/Virgie Monteagudo	916.682.6397
Young Adults Ministry	Kay NaRanong	916.425.4661
Legion of Mary	Paz Cajucom	916.682.8437
Vocation Committee	Frances Gomes	916.421.0300
Families in Christ Jesus	Imelda Nanca	916.714.0547

## Social Ministries and Groups

Christmas Fair	Call the office	916.381.5200
Fall Festival	Heimericks/Cervantes	926.689.3932
Cultural Dinner	Guily & Naty Fontillas	916.362.7541
Parish Breakfasts	Knights of Columbus	916.381.5200
Religious Goods Store	Irene Ingham	916.689.2865
Yard Sale	Call the office	916.381.5200
Wedding Coordinator	Virgie Monteagudo	916.682.6397

## WELCOME!

You are encouraged to participate in our many functions, events, and activities. We offer opportunities for parishioners to use the time, talent, and treasure that God has given them in praise and glory of His name through our liturgical, care-giving, philanthropic, faith-formation and social ministries.

## Councils

Pastoral Council	Paul Pham	916.381.5200
Finance Council	Lennie Heimericks	916.689.3932

## Liturgical Ministries

Sacristan	Bob Benton	916.425.7037
Youth Altar Servers Ministry		
Adult Altar Servers Ministry		
Martha's Daughters	Ja'net Blea	916.284.2008
Art & Environment Ministry	Becky Sliwa	916.381.5200
Eucharistic Ministry		
Hospitality Ministry	Ja'net Blea	916.284.2008
Ministry of the Word	Shirley Brown	916.612.7023
Ministry Sick and Homebound	Karen Hurskainen	916.688.0332
Music Ministry	Erica NaRanong	916.667.8088

## Caregiving Ministries and Groups

Bereavement Ministry	Clara Heimericks	916.689.3932
Health Ministry	Clara Heimericks	916.689.3932
Loaves and Fishes Ministry	Diane Welsh	916.682.7810
Social Justice Ministry	Lorraine Latreille	916.363.0365
Pro Life 4 Life	Charlene Valine	916.682-0557

## Philanthropic Ministries and Groups

Catholic Daughters of the Americas	Nellie Basquez	916.381.1365
Knights of Columbus	Dylan Pletcher	916.683.8276

## MISSION STATEMENT

We, God's people of St. Paul Catholic Parish In Sacramento, California, a multicultural, inclusive and welcoming community, inspired by the love of Jesus Christ are called: to bring all people of God together in worship, to declare our belief in God's love, based on the teachings of Jesus Christ, and to celebrate and grow in our relationship with God.



**MASS INTENTIONS FOR THE WEEK**

- MON: 2/16 DAN & JULIA OSUNA †**  
Requested by Wayne family
- TUES: 2/17 MASS OF SPECIAL INTENTION**  
Requested by Daniel Asistin
- WED: 2/18 ASH WEDNESDAY**
- THURS: 2/19 SONIA REYES †**  
Requested by Karen Hurskainen
- FRI: 2/2- JUAN ATIENZA †**  
Requested by Atienza family

**February 15, 2015**  
**Sixth Sunday in Ordinary Time**  
*Whether you eat or drink, or whatever you do,*  
*do everything for the glory of God.*  
 -1 Corinthians 10:31

**FOR THE GLORY OF GOD**

The entire history of the Jewish people is directed toward one goal: that God might be glorified through the chosen people. Christians, too, are called to “do everything for the glory of God.” In today’s scriptures Paul reminds us that the best way for us to glorify God is to seek to benefit “the many,” as Christ did when he shed his blood for all of humankind.

The reading from Leviticus explains one way the Jews sought to benefit the many, by keeping lepers and leprosy away from the chosen people. Jesus finds a better way. He cures the leper, who immediately re-enters the community to spread the good news about Jesus to everyone who will listen. In this way both Jesus and the leper fulfill their calling to glorify the God who fills us “with the joy of salvation.”

**LENT**

Lent begins on **Wednesday February 18th**

- Ash Wednesday services are:
- English Mass 8:00am
  - 12:00 noon
  - 6:00pm
  - Spanish Mass 7:30pm



**Abstinence:** Everyone over 14 years of age is bound to abstain from meat on Ash Wednesday and all Fridays during Lent.

**Fast:** Everyone over 18 and under 59 years of age is bound to fast on Ash Wednesday and Good Friday, and continuing the fast on Holy Saturday is encouraged.

**Stations of the Cross:** Beginning February 20th and every Friday during Lent there will be Stations of the Cross.

English: 6:00pm  
 Spanish: 7:00pm  
 English Stations will be followed by a simple meal of soup and bread in the parish hall.

**MASS ON TV**

The TV Mass for the homebound has moved to an earlier time slot. Mass time will be at 6:30am on KSPX channel 29. When you, or someone you love is unable to get to church the TV Mass offers spiritual comfort and inspiration. The Video of the Mass is also available online at [www.HeartoftheNation.org](http://www.HeartoftheNation.org).

**TODAY'S READINGS**

**First Reading** — The leper will dwell apart, making an abode outside the camp (Leviticus 13:1-2, 44-46).  
**Psalm** — I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation (Psalm 32).  
**Second Reading** — Do everything for the glory of God; be imitators of Christ (1 Corinthians 10:31 — 11:1).  
**Gospel** — The leprosy left him immediately, and he was made clean (Mark 1:40-45).

**READINGS FOR THE WEEK**

- Monday: Gn 4:1-15, 25; Ps 50:1, 8, 16bc-17, 20-21; Mk 8:11-13
- Tuesday: Gn 6:5-8; 7:1-5, 10; Ps 29:1a, 2, 3ac-4, 3b, 9c-10; Mk 8:14-21
- Wednesday: JI 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18
- Thursday: Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25
- Friday: Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15
- Saturday: Is 58:9b-14; Ps 86:1-6; Lk 5:27-32
- Sunday: Gn 9:8-15; Ps 25:4-9; 1 Pt 3:18-22; Mk 1:12-15

**SAINTS & SPECIAL OBSERVANCES**

- Sunday: Sixth Sunday in Ordinary Time
- Monday: Presidents' Day
- Tuesday: The Seven Holy Founders of the Servite Order; Mardi Gras; Shrove Tuesday
- Wednesday: Ash Wednesday; Fast and Abstinence; Almsgiving
- Thursday: Chinese New Year 4713
- Friday: Abstinence
- Saturday: St. Peter Damian

## SOCIAL JUSTICE

### Did You Notice?

At the annual March for Life in Washington D.C. on Jan 22nd it was estimated that about 500,000 people participated in the gathering to support the life of unborn children. Did you notice that on the major television stations, ABC, CBS and NBC there was no mention of this in their evening news? The NBC news did a report on dogs riding in the sidecars of motorcycles. Apparently they thought that the story was more newsworthy than the concern of half a million people, who took time in mid winter, to gather in protest over the abortion of children. Think about it! Let us pray that the killing of the unborn will end.

### Join Us

The next meeting of the Social Justice Ministry will be on Monday, March 9th, at 1:00pm in Room #1 of the Religious Education Center. If you are interested in joining this ministry contact Lorraine at (916) 363-0365 or lelstray@att.net.

### 40 Days for Life

The "40 Days for Life" begins on February 18 and ends on March 29. Please keep in prayer those who are considering aborting their developing baby. Also, keep in prayer those who are calling attention to the fact that a fetus, (baby) is a human life. A heartbeat of an unborn child can be detected within several weeks after conception.

## KNIGHTS OF COLUMBUS



Come by the parish hall and share in fellowship over coffee and donuts on Sunday, February 15th & 22nd from 8:30am-11:00am.

The next Parish Breakfast, sponsored by the Knights of Columbus will be on Sunday, March 1st. Mark your calendars now!

If you would like to find out more about becoming a Knight please ask any Knight, they should all be wearing their name badges, or call Phil De Leon at (916) 607-1645.

## DAY OF RECOLLECTION

### Attention St. Paul Ministers

There will be a Day of Recollection for St. Paul Ministers on Saturday, March 21st. It is co-sponsored by our parish's Pastoral Council and Liturgy Committee.

Have you signed your name in the binder in the workroom to let us know you are coming to the Day of Recollection? All who serve and minister at St. Paul's parish are encouraged to attend this special day set aside for them. There is no cost to you for this day, which includes morning hospitality and lunch.

Thank you so much for sharing your time, service and ministry with us!

## SICK PARISHIONERS & FRIENDS

Pray for sick family members, friends and parishioners.

Priscilla Wong	Iris Sims	Jean Hesse
Helen Gallagher	Gertie Davis	Daniel Labrado
Victoria Vasilescu	Teresa Ziegler	Ellen Yee
Frances Hurskainen	Michael Judd	Kay Green-Sutton
Daryl Stallworth	Terry Sanchez	Elio Chicca
Laura Guilford	Luc Kimia	Gregory Judd
Nora Ignacio	Mauricio Vargas	Dorene Schlim...
Doreatha Viltz	Maria Elizabeth Soriano	Sam Butler
John Jastraub	Jack Steele	Debra Adams
Shirley Robinson	Frank Farrell	Michael White
Aurora Nicandro	Rodolfo Reyes	James Pettigrew
Lorraine Schaefer	Rita Chicca	Allbert Rembulat
Jessica Lintag	Merle Eugene Kirk	Jean Abelia
Sonio Reyes	Wendy Patnode	Rose Malone Grey
John Rideaux	Benjamin Ferrer	Phil Miller
Sandy Burgoon	Monica Cordero	Zulema McCulloch
Audrey Falls	Rodrigo Reyes	Brian Steele
Dorothy Butler	Virginia Collier	
Bernadette Carrasca	Tommy Zawalick	

## TREASURES FROM OUR TRADITIONS

Lent, the Church's annual pre-baptismal retreat, prepares us to gather around the Easter font, renew our baptismal vows, and receive new life from the water as the elect are plunged into Christ's death and resurrection. This core meaning is more or less available, depending on whether we journey with catechumens in the parish and on the vigor of our liturgical celebration of the Triduum. Some persist in seeing Lent as a lonely journey in the wilderness; yet this week we enter the Lenten fast in solidarity with one another. The smudged foreheads you will spy throughout Ash Wednesday on buses, street corners, and supermarket aisles remind you that you are hardly alone in your desire to enact a spring cleaning regime for your spiritual life.

Long ago, this kind of repentance was available to Christians only once. Ashes and sackcloth were not raiment for a day, but permanent habits for public sinners. Fasting became a way of life, and if they sinned severely again, there was no hope of restored communion. Happily, this system did not endure. It produced reluctant Christians who even held back from baptism, like St. Augustine did, out of fear. Today we have recovered an ancient tradition that conversion and repentance are constant themes on life's journey, and that Lent is an annual opportunity to revive our baptismal identity, both as individuals and communities.

## DIOCESAN NEWS

### February 21—World Marriage Day

Renewal of Vows. Saturday, Feb. 21st Bishop Soto will preside at a special 11:00am Mass at the Cathedral of the Blessed Sacrament in which married couples may renew their wedding vows, an informal reception will follow. If you are interested please register, (names and anniversary year) at [www.SacWMD.com](http://www.SacWMD.com). For more information contact the Dept. of Evangelization at (916-733-0123).

## PARISH STEWARDSHIP

### PASTORAL COUNCIL

Pastoral Council welcomed new members, Ja'net Blea, Theresa Nartey and Phil De Leon. Thank you for accepting Fr. Joyle's invitation to serve on the Pastoral Council.

### HEALTH MINISTRY

#### Vitamin D Deficiency –

Vitamin D deficiency is becoming common in the United States, especially for the elderly. Symptoms of bone pain and muscle weakness can mean you have a vitamin D deficiency. However, for many people, the symptoms are subtle. Yet, even without symptoms, too little vitamin D can pose health risks. Low blood levels of the vitamin have been associated with increased risk of death from cardiovascular disease and cognitive impairment in older adults. Vitamin D is also essential for bone health. Recent research suggests it may have other benefits, too, such as protecting against colds, certain skin conditions and fighting depression. You may be more susceptible to Vitamin D deficiency if you don't get enough sunlight, if you're on a strict vegan (or other restrictive) diet, or if you have dark skin. Sunlight does spur the body to make vitamin D, but in the midst of winter that's sometimes not possible. Here's some tips on how to increase your Vitamin D levels – Add the following foods to your diet: fatty fish (salmon, trout, tuna, eel), mushrooms grown by ultra-violet light (Dole's Portobello's is one brand), beef liver, egg yolks, fortified foods such as milk, cereal or orange juice; or take supplements or cod liver oil. Talk to your doctor about your personal Vitamin D levels and avoid the health risks

### SECOND COLLECTIONS

#### February 28/March 1

#### St. Paul Building Fund & Capital Campaign

This collection will help provide funds to repay the funds borrowed from the Diocese to build the Religious Education Center. Parishioners who have pledged to the Capital Campaign may use the pink envelopes to make their pledge payments.

#### March 7/8

2015 is the 25th year of The Annual Catholic Appeal. Bishop Soto has made "Assisting People In Need" the theme for this year's appeal.

Las year an estimated 100,000 people in the Diocese were helped by the appeal. Twenty five per cent (25%) of the funds raised by the parish are returned to the parish. The funds received by the parish are used by our Social Justice Ministry to aid our parish members who need help.

### JULY THRU DECEMBER 2014

#### INCOME

Offertory	\$ 161,163.58
Other Income	117,535.00
Religious Articles & Books	7,429.32
Religious Education	39,861.50

#### TOTAL INCOME

\$ 325,989.40

#### EXPENSES

Salaries & benefits	\$ 96,629.16
Buildings & Grounds	78,228.41
Religious Articles & Books	3,394.04
Property Tax & Insurance	14,372.26
Parish Programs	38,088.93
Religious Education	10,153.23
Diocesan Assessment	30,138.00

#### TOTAL ORDINARY EXPENSES

\$ 241,004.03

Net Operating income

\$ 54,985.37

- ◆
- ◆ Offertory donations for the first 6 months of the year are 10% less than those of last year.
- ◆ Fundraisers, especially Mrs. Saint Paul and the reduction of operating expenses have attributed to an increase in income.
- ◆ The funds collected for Mrs. Saint Paul are dedicated and may not be used for operating expenses. Without the Mrs. Saint Paul income we are slightly above our projected budgetary operating results.

### CATHOLIC DAUGHTERS

The Catholic Daughters of the Americas, Court #172 invites all ladies, who might be interested in joining our fine organization, to an Information Meeting to be held on Saturday, February 21st at 12:00 noon in the St. Paul Parish Hall, 8720 Florin Rd. Lunch will be served and we will play Bingo. Please RSVP to Nellie Basquez (916) 381-1365. Ladies, we need you!

### COLLECTION

	4:00pm	7:30am	9:00am	11:00am	1:00pm	TOTAL
<b>Jan</b>						
18	\$ 999.00	\$966.00	\$1773.00	\$1105.00	\$661.52	\$5504.52
25	\$1313.00	\$654.00	\$1388.00	\$1177.00	\$739.58	\$5271.58
<b>Feb</b>						
1	\$2306.00	\$1360.00	\$1448.00	\$1525.00	\$765.49	\$7704.49
8	\$ 974.00	\$1033.00	\$1057.00	\$1131.00	\$69.57	\$4864.57
Youth						\$1220.54

**YOUTH MISSIONARY NEWS**

*We give thanks to God always for all of you, constantly, mentioning you in our prayers—1 Thessalonians 1:2*  
 We constantly give thanks to God for all of you, our parents, catechists, guests, family, friends and volunteers, and to all our fellow parishioners of St. Paul.

The SPYM Talent Show was a great success because of "YOU." I know it was a lot of work, but I don't think anyone could have done a better job. We're so happy you shared your talents with us.

For all the beautiful ladies in the kitchen, thank you! You're doing more than filling their bellies, you're showing them that people do care and that gives them joy and love.

For the Knights of Columbus, your loving support, guidance and exemplary service are truly an inspiration for all of us. Your commitment and dedication to the people of God is AMAZING! We just want you to know that your work hasn't gone unnoticed.

**Special Thanks to the following:**

Ryan & Ron Godfrey, Ryan Pletcher, Edna Clegg, the Sinagtala, Tina Fejarang, Kit and Dale Yamamoto, Ray & Julie Oineza, the Legion of Mary, Spanish children, St. Paul Children's Choir and English and Spanish Catechists. .

*Sister Kathy Quidlat*

**Qualifications for Admission to SPYM:**

12-18 years old, registered parishioner of St. Paul Church. Have a personal relationship with God, motivated to serve others, especially the poor, and be willing to share his/her gifts, talents and time for the ministry.

For more information contact:

Cyrille Kaiklian 916.753.2302 email Cyrille89@gmail.com

Angie Lovett 916.803.6463 email angielovett@gmail.com

Sr. Ma.Katrina Quidlat, RVM

916.381.5200 email saintpauldre@comcast.net

Or visit: <http://st.paul-florin.org/youth-ministry>

<https://www.facebook.com/events1543001669170057/>

**PRAY FOR OUR MILITARY**

Please pray for the following members of our families serving in the Armed Forces

Gary B. Foster II	Roel C.. Dones	John Marc James
Jay Candaso	Ricardo G.	Ruben N. Libed
Mark Candaso	Cervantes	Nilo Uy Villaluna Jr.
Norbert Mendiola Jr.	Stephen Rich	Don Jamoles
Reynato Ancheta	Janae Santos	Ryan Gandy
Jeffrey Yazel	Brian Vergith	Cody Machado
Daniel Roy Ryan	Martin Sinlao	Mark A. Ramos Jr.
Robert Brich II	Sergio Pineda	Cameron Lindsay
Isaiah Mohr	Ariel Rollins	
Gregorio Rodriguez	Don Carlo Geroche	

**MEDITATION PAVER**

**Saint Paul Meditation Paver**

Would you like to have a loved one remembered forever by a memorial paver in the Saint Paul Meditation area?

Would you like to help repay our Diocesan Loan and also be remembered or remember a loved one? Only \$300.00 donation.

**RELIGIOUS EDUCATION CENTER**

Any of us who have had a car loan, or a mortgage on our house, understand how hard it is to pay the loan off. Last week we learned that the loan balance for the Religious Education Center is \$973,336.32. We have made good progress in repaying the Diocese but the interest on our loan is approximately \$8,400 per quarter. The faster we can pay off the principle the lower our quarterly interest payment will be.

Hopefully each of us can increase our Pink Envelope/ Building Fund contribution on the first week end of each month just a few dollars. If all of us are able to contribute a little more of our treasure it will help repay the loan faster.

**CELEBRATE BLACK HISTORY**

**Black American Nurses**

Thousands of black American girls and boys have found careers in nursing. One out of every five (5) black professional women is a nurse.

**Estelle Massay Osborne:**

She opened the doors of the nursing professions to black Americans. In 1929-1931, she was Instructor of Nursing in Harlem and Lincoln Hospitals, and served as Director of Freedmen's Nursing School in New York.

In 1945, Estelle became Instructor in the Department of Nursing at New York University. Estelle was chosen as "Nurse of the Year," in 1959 by New York's University's School of Nursing.

**Lieutenant Colonel Margaret E. Bailey:**

She was an Army nurse, who cared for American soldiers in many parts of the world. She is the highest ranking Negro Army Nurse known to date.

**BEREAVEMENT MINISTRY**

**Recent Bereavement**

Please keep the families and friends in your prayers for St. Paul Parishioners whose funerals, or Memorial Masses were celebrated during the past few weeks, Teresa Olivia, Joaquina Arrizon, Martina Hernandez, Ly-Pratt & Roger Loteyro. Oattie Allen, Erva Johnston, Jose Garcia, Sonia Reyes, Melchor Mangosing, Juliana Ganal, Marta Gonzalez and Christine Natco. May they rest in peace and let perpetual light shine upon them. For more information please call Clara at 689-3932, or the rectory 381-5200.

**REQUEST FOR PIANO TUNER ASSISTANCE**

The parish has been fortunate to receive a donation of a baby grand piano. If you would like to see the piano it is located in the parish hall. Unfortunately moving the piano caused it to go out of tune. If there is anyone in the parish who is able to tune the piano it would be greatly appreciated. Please call the rectory office (916) 381-5200.

## Sexto Domingo del Tiempo Ordinario

### 15 de febrero de 2015

#### PARA LA GLORIA DE DIOS

La historia completa del pueblo judío va dirigida hacia una meta: que Dios sea glorificado por medio del pueblo escogido. Los cristianos también están llamados a “hacer todo para la gloria de Dios”. En las Escrituras de hoy Pablo nos recuerda que la mejor manera que tenemos para glorificar a Dios es buscar el beneficio de “todos” tal como Cristo hizo cuando derramó su sangre por toda la humanidad.

La lectura de Levítico explica una manera en que los judíos buscaban el beneficio de muchos, manteniendo a los leprosos y la lepra alejados del pueblo escogido. Jesús encuentra una manera mejor: cura al leproso, que inmediatamente retorna a la comunidad para difundir la Buena Nueva de Jesús a todo el que le escuche. De este modo tanto Jesús como el leproso cumplen con su llamado de glorificar al Dios que nos llena “con la alegría de la salvación”.

#### LECTURAS DE HOY

**Primera lectura** — El leproso habitará solo, fuera del campamento (Levítico 13:1-2, 44-46).

**Salmo** — Perdona, Señor, nuestros pecados (Salmo 32 [31]).

**Segunda lectura** — Haz todo por la gloria de Dios; sean imitadores de Cristo (1 Corintios 10:31 — 11:1).

**Evangelio** — Jesús, después de haber curado a un hombre leproso, le pide que no se lo cuente a nadie (Marcos 1:40-45).

#### LECTURAS DE LA SEMANA

Lunes: Gn 4:1-15, 25; Sal 50 (49):1, 8, 16bc-17, 20-21; Mc 8:11-13  
 Martes: Gn 6:5-8; 7:1-5, 10; Sal 29 (28):1a, 2, 3ac-4, 3b, 9c-10; Mc 8:14-21  
 Miércoles: Jl 2:12-18; Sal 51 (50):3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18  
 Jueves: Dt 30:15-20; Sal 1:1-4, 6; Lc 9:22-25  
 Viernes: Is 58:1-9a; Sal 51 (50):3-6ab, 18-19; Mt 9:14-15  
 Sábado: Is 58:9b-14; Sal 86 (85):1-6; Lc 5:27-32  
 Domingo: Gn 9:8-15; Sal 25 (24):4-9; 1 Pe 3:18-22; Mc 1:12-15

#### CATEDRAL DEL SANTISIMO

Día 21 de febrero— El Matrimonio Mundial Renovación de Votos. Sábado, 21 de febrero Obispo Soto presidirá una misa especial las 11:00 am en la Catedral del Santísimo Sacramento en la que las parejas casadas pueden renovar sus votos matrimoniales, una recepción informal seguirá. Si usted está interesado por favor regístrate, (nombres y años de aniversario) en [www.SacWMD.com](http://www.SacWMD.com). Para obtener más información, comuníquese con el Departamento de Evangelización al (916-733-0123).

#### TRADICIONES DE NUESTRA FE

Jesús manifiesta su poder mediante el perdón de los pecados (Marcos 2:1-12). Por medio de la reconciliación con Dios, Jesús sana a los enfermos, marginalizados y hasta sus propios enemigos. Este poder de perdonar pecados Jesús mismo lo encarga a su Iglesia, infundiendo su Espíritu sobre los primeros discípulos (Juan 20:22-23).

Según el Símbolo (Credo) de los Apóstoles, los cristianos creemos en el “perdón de los pecados”. Esta creencia se relaciona con creer en el Espíritu Santo, la Iglesia, la comunión de los santos, la resurrección del cuerpo y la vida eterna. En el perdón de los pecados, el Espíritu Santo manifiesta su continua presencia y acción en la Iglesia y comunión de los santos. Quienes reciben el perdón de los pecados mediante la celebración del Bautismo o del sacramento de la Reconciliación, están preparados para la resurrección y la vida eterna.

El perdón de los pecados manifiesta el poder de Cristo, del Espíritu Santo y de la Iglesia. Los cristianos estamos llamados al perdón; perdonando, así como deseamos ser perdonados. Perdonando, como Jesucristo.

#### MIERCOLES DE CENIZA REFLEXION

Febrero 18, de 2015. La penitencia personal y comunitaria en la tradición incluyó signos que reflejaban arrepentimiento ante la ruphebrea siempre tura de la Alianza, entre otros, el uso de colores sobrios y oscuros y la imposición de la ceniza que cubría no solo la cabeza del penitente sino toda su persona. Hoy comienza para nosotros un nuevo llamado a la penitencia que nace de un arrepentimiento personal y comunitario.

Caminaremos juntos por cuarenta días, conscientes de nuestra fragilidad humana y la fuerza del Dios que nos ama y busca para unirnos a su vida divina. El Evangelio nos pide que aumentemos nuestra oración, ayuno y ofrendas a los pobres y necesitados. ¿De que manera podemos comprometernos con este proyecto cuaresmal? ¿Le daremos más tiempo al Señor al visitar la iglesia o apartar un espacio de oración en casa? ¿Somos capaces de asistir al pobre que nos visita o al necesitado que esta cerca a nosotros? Las respuestas a esta pregunta no se encuentra en los libros; se encuentra en nuestros corazones.

#### SEGUNDA COLECTA

**Febrero 28 & Marzo 1**— San Pablo Fondo para el Edificio y la Campaña Capital. Los feligreses que se han comprometido a la campaña pueden utilizar sobres rosas para hacer sus pagos pendientes.

**Marzo 7/8** Campaña Católica de Colectas Anuales (Appeal) Esta petición diocesana especial apoya a organizaciones católicas de caridad y ministerios de la parroquia en la diócesis y ayuda de la cuota para que los niños reciban una educación católica. Además el 25% de las donaciones se devuelven a nuestra parroquia para nuestros propios ministerios de servicio social.



Sacristanes Miguel Mendez 916-715-5413  
Antonio Morales 916-230.9591

#### Formación en la Fe Católica :

Coordinadoras: María C. Gutiérrez 916.383.6719  
Aracely Narváez 916.681.2924

Ministerio de Comunión: Mary Weather 916.383.6743

Ministerio de la Palabra: María C. Gutiérrez 916.395.7219

Ministerios Servidores del Altar: Jovenes

Kelly E. Mendez 916.715.5413

Rosa M. Delgadillo 916.689.5204

Ministros de Hospitalidad: José Luis Sánchez 916.457.4713

Miguel Méndez 916.715.5413

Antonio Morales 916.230.9591

Francisco Rodríguez 916.717.0492

Ministerio de Música de Niños y Adultos:

Covadonga Barrón 916.670.9619

Vocaciones: Guadalupe Salinas 916.955.2150

Virgen de Guadalupe Ramona Cervantes 916.549.8114

Bautismos Diacono Ramírez 916.381.5200

"Nuestro bautismo nos llama a compartir la misión de Cristo".  
Interesados en ayudar en cualquier ministerio, favor de llamar  
a cualquier persona de los teléfonos de arriba de esta pagina

### MATRIMONIOS Y QUINCEAÑERAS

Para mas información sobre estos eventos por favor  
comuníquese con el Diacono Antonio Ramirez al 381-  
5200.

### EVENTOS DE CUARESMA

**Febrero 18, Miércoles de Ceniza:** Horario:

Misas en Ingles: 8:00 a.m. 12:00PM y 6:00 p.m.

Misa en Español 7.30 p.m.

**Febrero 21 a Marzo 27 :** Vía Crucis todos los Viernes de  
Cuaresma. En Ingles a las 6:00 p.m., y Español a las  
7:00 p.m., participación de todos los diferentes ministe-  
rios y padres de familia del Catecismo.

**Marzo 20,21 y 22,** Retiro para los de los jóvenes de  
Confirmación y Rica (segundo año).

**Marzo 21,** Retiro para todos los Ministros de la Parro-  
quia de San Pablo. Ingles y Español en diferentes salo-  
nes.

Abril 4, Sábado de Vigilia, reciben los Sacramento nues-  
tros Catecúmenos y Candidatos de RCIA. Esta ceremo-  
nia es muy especial porque Jóvenes y Adultos empiezan  
una vida dedicada al servicio del Evangelio, son los nue-  
vos Bautizados y empiezan su misión de seguir los pa-  
sos de Jesucristo.

Recuerden que el Miércoles de Ceniza y Viernes Santo  
son días de ayuno y abstinencia.

Abstinencia no comer carne.

Ayuno una comida completa al medio día, y dos muy  
livianas que son en la mañana y el la tarde.

### NOTICIAS DE LA JUVENTUD MISIONERA

En todo momento los tenemos presentes en nuestras  
oraciones y damos gracias sin cesar a Dios por ustedes,  
pues constantemente recordamos ante Dios, nuestro  
Padre, su fe que produce frutos, su amor que sabe ac-  
tuar, su espera de Cristo Jesús, nuestro Señor que no  
se desanima. -1 Tesalonicenses 1: 2-3

Damos gracias a Dios por todos ustedes, nuestros pa-  
dres de familia , catequistas, invitados, familiares, ami-  
gos y voluntarios, y todo lo que los feligreses de San  
Pablo.

El Show de Talentos SPYM fue un gran éxito debido a  
"USTED". Yo sabía que era mucho trabajo, pero yo tam-  
bién creo que nadie podría haber hecho un mejor trabajo  
con tanto esfuerzo como ustedes. Estamos tan felices  
de haber compartido su talento con nosotros.

Para todas las hermosas señoras de la cocina, gracias!  
Lo que hicieron más que llenar los estómagos, les están  
mostrando a las personas que se preocupan por cada  
uno y les dan alegría y amor.

Para los Caballeros de Colón, su cariñoso, apoyo, orien-  
tación y servicio ejemplar son una verdadera inspiración  
para todos nosotros. Su compromiso y dedicación para  
el pueblo de Dios es increíble! Sólo queremos que se-  
pan que su trabajo no ha pasado desapercibido.

Un agradecimiento especial a las siguientes:

Ryan & Ron Godfrey, Ryan Pletcher, Edna Clegg, el Si-  
nagala,. Tina Fejarang. Kit y Dale Yamamoto, Ray &  
Julie Oineza, la Legión de María, los niños de español,  
Coro de Niños de San Pablo en inglés y Catequistas de  
Español.

### CELEBRANDO LA HISTORIA AFROAMERICANA

Black American Nurses

Miles de niñas y niños negros estadounidenses han en-  
contrado una carrera en enfermería. Uno de cada cinco  
(5) mujeres negras son profesionales en enfermería.

Estelle Massay Osborne:

Abrió las puertas de la profesión de enfermería a los es-  
tadounidenses negros. En 1929-1931, fue instructor de  
Enfermería en Harlem y Lincoln Hospitales, y se desem-  
peñó como Director de la Escuela de Enfermería de  
Freedmen's Nursing School in New York.

En 1945, Estelle se convirtió en instructor en el Depart-  
amento de Enfermería de la Universidad de Nueva York.  
Estelle fue elegido como "Enfermera del Año" en 1959  
por la Escuela de Enfermería de la Universidad de Nue-  
va York.

El teniente coronel Margaret E. Bailey:

Ella era una enfermera del Ejército, que se preocupaba  
por los soldados estadounidenses en muchas partes del  
mundo. Ella esta clasificada en el rango más alto de la  
enfermera del Ejército Negro conocida hasta la fecha.